

Herbal Tea Ingredients Catalogue

No.	English Name	Botanical Name	Part of Use
1	Ashitaba Leaf	<i>Angelica Keiskei Koidzmi</i>	Leaf
2	Astragalus Root	<i>Astragalus membranaceus</i>	Root
3	Basil	<i>Ocimum Basilicum</i>	Leaf
4	Bitter Melon	<i>Momordica charantia L.</i>	Fruit
5	Blueberry	<i>Vaccinium uliginosum L.</i>	Fruit
6	Cassia Seed	<i>Cassia obtusifolia L.</i>	Seed
7	Chamomile	<i>Matricaria recutita</i>	Flower
8	Chinese Date	<i>Ziziphus jujuba Mill</i>	Fruit
9	Chinese Mint	<i>Mentha haplocalyx Briq.</i>	Leaf
10	Chrysanthemum	<i>Chrysanthemum morifolium Ramat.</i>	Flower
11	Corsvenor Momordica Fruit	<i>Momordica grosvenori Swingle</i>	Fruit
12	Dogbane Leaf	<i>Apocynum venetum L.</i>	Leaf
13	Ganoderma	<i>Ganoderma lucidum</i>	Sporophore
14	Ginkgo Leaf	<i>Ginkgo biloba L.</i>	Leaf
15	Ginseng	<i>Panax Ginseng</i>	Root
16	Ginseng Flower	<i>Panaxginseng C. A. Mey.</i>	Flower
17	Goji Berry	<i>Lycium barbarum L.</i>	Fruit
18	Guava Leaf	<i>Psidium guajava L.</i>	Leaf
19	Gymnema	<i>Gymnema sylvestre</i>	Stem & Leaf
20	Gynostemma	<i>Gynostemma pentaphylla</i>	Stem & Leaf
21	Hawthorn Fruit	<i>Crataegus pinnatifida Bge. var. major N. E. Br</i>	Fruit
22	Horsetail	<i>Equisetum Arvense Linn.</i>	Stem & Leaf
23	Inula	<i>Inula japonica Thunb</i>	Flower
24	Isatidis Root	<i>Isatis indigotica Fort.</i>	Root
25	Jasmine Flower	<i>Jasminum sambac</i>	Flower
26	Lavender	<i>Lavandula Angustifolia</i>	Flower
27	Lemon Balm	<i>Melissa Officinalis</i>	Leaf
28	Lemon Grass	<i>Cymbopogon citratus</i>	Leaf
29	Lily Bulb	<i>Lilium lancifolium Thunb.</i>	Bulb
30	Lily Flower	<i>Lilium</i>	Flower
31	Linden Flower	<i>Tilia Amurensis</i>	Flower
32	Liquoric Root	<i>Glycyrrhiza uralensis Fisch.</i>	Root
33	Lonicera Flower	<i>Lonicera japonica Thunb.</i>	Flower

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34	Lophatherum Herb	<i>Lophatherum gracile Brongn.</i>	Stem & Leaf
35	Lotus Leaf	<i>Nelumbo nucifera Gaertn</i>	Leaf
36	Lotus Seed	<i>Nelumbo nucifera Gaertn.</i>	Seed
37	Momordica Fruit	<i>Momordica grosvenori Swingl</i>	Fruit
38	Mulberry Leaf	<i>Morus alba L.</i>	Leaf
39	Nettle	<i>Urtica Angustifolia</i>	Stem & Leaf
40	Osmanthus fragrans	<i>Osmanthus fragrans Lour.</i>	Flower
41	Peppermint	<i>Mentha Piperita</i>	leaf
42	Peppermint	<i>Mentha haplocalyx Briq.</i>	Stem & Leaf
43	Rhubarb Root	<i>Rheum Officinale Baill.</i>	Root
44	Rose Bud	<i>Rosa rugosa Thunb.</i>	Flower bud
45	Rosehips	<i>Rosa Canina</i>	Fruit
46	Roselle	<i>Hibiseus Sabdariffa L.</i>	Flower
47	Rosemary	<i>Rosmarinus Officinalis L</i>	Leaf
48	Safflower	<i>Carthamus tinctorius L.</i>	Flower
49	Sage	<i>Salvia Officinalis</i>	Leaf
50	Sanchi Flower	<i>Panax notoginseng (Burk.) F. H. chen</i>	Flower
51	Schisandra Fruit	<i>Schisandra chinensis (Turcz.) Baill.</i>	Fruit
52	Senna Leaf	<i>Cassia angustifolia</i>	Leaf
53	Stevia Leaf	<i>Stevia rebaudiana (Bertoni) Hemsl</i>	Leaf
54	Tangerine Peel	<i>Citrus reticulata Blanco</i>	Peel
55	Trumpet creeper Flower	<i>Campsis grandiflora (Thunb . .)Loisel.</i>	Flower
56	Yuzhu	<i>Polygonatum odoratum (Mill.) Druce</i>	Rhizome