

# CareAge®

## Commode Chair Mobile

USER MANUAL



Alphard Series / 14521

IMPORTANT:  
**DO NOT** use the Commode Chair Mobile without having first read this manual.

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# 1. INTRODUCTION

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## **Commode chair mobile with swivelling armrests and footrests.**

The commode chair enables greater independence when using the toilet and improves the personal hygiene associated with this, in particular by compensating for restricted or absent movement functions in the musculoskeletal system or supporting ligaments.

It is suitable for patients with a body weight of max 120kg.

In addition to its primary function as a mobile toilet, this functional toilets chair combines several different advantages for better handling - especially for persons with a high degree of mobility:

- The drivability by means of the four rollers - two of which with a brake - enable the chair to be moved easily, on the other hand, the user can be moved on the toilet chair in the house on a horizontal, level and firm surface. DO NOT use the chair as a permanent seat.
- The armrests can easily be swiveled downwards to facilitate the transfer of the patient.
- The footrests can be folded up to lift the patient.
- The entire footrest design can be swiveled to the side, resulting in more space for the chair to arise and thus prevent falls.
- Furthermore, the toilet chair is supplied complete with removable seat cushion and toilet chair bucket with lid and bracket.
- Available in two versions - either with a silver metallic powder coated steel tube and a grey seat, or with a chromed steel tube and a white seat.

## **Field of application**

The use of the commode chair is indicated for patients lacking truncal control as well as those with balance problems and considerable loss of function in the lower extremities, patients with hip and spinal column stiffening, patients without hands, tetraplegics or those with arm damage and significant impairment of the gripping function.

## 2. SAFETY PRECAUTIONS

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Please read these notes carefully before use. Be sure to follow the instructions and keep them in a safe place!

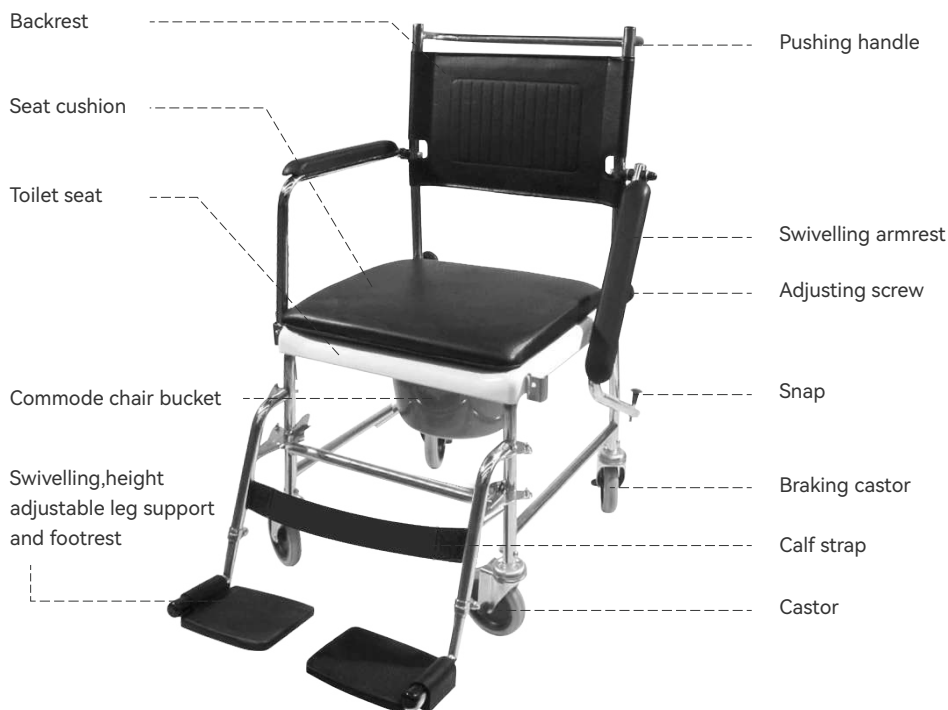
If this aid is to be used by other persons, they **MUST** be fully informed of these safety warnings before use.

- Before use, **ALWAYS** check whether the commode chair is in a perfect condition and ensure that all connections are firmly in place.
- Please ask your specialist dealer if you are uncertain about anything or have any questions concerning assembly or care.
- **DO NOT** exceed the specified maximum weight of 120 kg for users.
- Please ensure that the commode chair corresponds to your requirements. If in doubt, ask your doctor or specialist dealer.
- Missing, damaged or worn parts may **ONLY** be replaced by the specialist dealer.
- **DO NOT** use, leave or store the commode chair outdoors.
- **ONLY** use the commode chair on horizontal, level and solid ground.
- Avoid leaning too far forwards and abrupt movements backwards.
- The brakes **MUST** be locked when using in conjunction with a toilet bowl.
- **DO NOT** at any time sit on the arm rests.
- Never put your weight onto the footrests when sitting down or getting up.
- **DO NOT** stand or climb on the commode chair.
- **DO NOT** use the chair for purposes beyond its intended design.
- Unauthorized modifications or disassembly of the product are strictly prohibited.



### 3. PARTS DESCRIPTION

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#### Component List

The commode chair is supplied partially preassembled in the packaging. Please check that the contents are complete:

- User Manual × 1
- Body Frame
  - Equipped with 2 caster wheels
  - Equipped with 2 brake caster wheels
  - Equipped with 2 adjustment screws
- Backrest × 1
  - Comes with 2 padded armrests
  - Comes with 2 snaps
- Foot Pedals × 2
- ABS Toilet Seat × 1
- Commode Bucket with Lid and Handle × 1
- Cushion × 1
- Calf Strap with Velcro fastener × 1

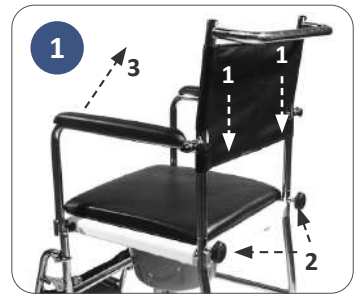
## 4. ASSEMBLY PROCEDURE

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To be able to fully assemble the commode chair, position the body frame in front of you and lock the braking castors, so that the commode chair cannot roll away during assembly.

### 1. Mounting the back and armrests

- (1) Remove the backrest from the packaging.  
Insert the rod ends of the backrest into the rod ends of the body frame until they lock into place. Ensure that the inside of the backrest points towards the centre of the chair.
- (2) Turn the two setting screws on the rear of the chair clockwise and tighten.
- (3) The armrests should lock into place themselves if you swivel them upwards in one short movement.



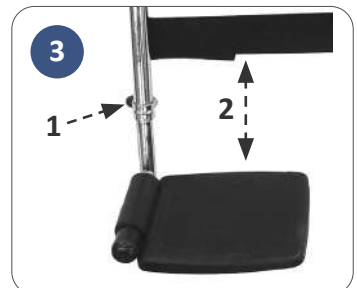
### 2. Mounting the footrests

Insert the footrest bars into the mounting pins intended for this on the main frame. Swivel the footrest bars towards the centre. The locking mechanism automatically snaps into place. You can now fold down the foot plates. Finally attach the calf strap to its holder on the footrest bar.

### 3. Setting the footrest height

For this you require an open-ended or ring spanner. Set the height of the footrests so that your thigh is horizontal if you have your feet on the footrests while sitting.

1. Loosen the locking screw on the footrest rod.
  2. Push the footrest to the required height. The rod may not be pulled out beyond the rod marking!
- Tighten the locking screw again.





#### 4. Assembling the seat and commode bucket

1. Take the white seat and place it onto the main frame from above. Ensure that the seat plate is aligned correctly: The closed, round edge of the seat should point forwards, the commode bucket guide on the seat underside should point to the rear.

2. You can push the commode bucket into the guide from the rear below the seat face, with or without its lid.
3. Finally you can place the padded seat cover on the toilet seat to increase comfort when sitting normally.

## Usage

### 1. Sitting down and getting up

NEVER put your weight onto the footrests when sitting down or getting up!

- Position the commode chair and seat which you wish to sit on or move to as close beside each other as possible.
- Secure both sitting aids by locking the brakes.
- Swivel the side pieces and leg supports out of the way.
- Now slide sideways onto the seat. Please ensure that you sit as far back in the seat as possible.
- Swivel the arm and leg supports back into their initial position.



### 2. Footrests

The footrests can be folded up and swivelled to the side.

To swivel, pull the lever inwards and the footrest is now adjustable.

### 3. Brakes

If the commode chair is not to be moved, lock the brakes on the two braking castors.

1. The braking castors are locked by simply operating the brake handle with your feet.
2. To release the brakes, press the rear part of the brake lever back into its initial position using your foot.



### 4. Commode chair bucket

Before using the commode chair bucket, remove the bucket lid. Now push the commode chair bucket into its guide rails from the rear below the seat.

Push the bucket the whole way until it noticeably locks into place and is thus secured against falling out.



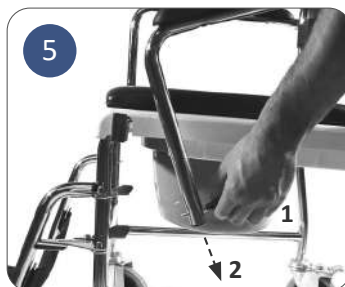
Practical tip: Before use, cover the commode chair bucket with some toilet paper or add some water to it. This makes it easier to clean later.

### 5. Armrests

You can swivel the armrests backwards to make sitting down or getting up easier.

1. Pull on the snap on the armrest
2. Swivel the armrest downwards out of the way.

If you pull the armrest upwards, the snap automatically locks into place again and the armrest is secured.





# 5. SPECIFICATIONS

## Material

- Frame: Steel chrome plated or powder coated
- Toilet seat: PP
- Padded seat/backrest: PVC
- Armrest: PU
- Footrest: PP



Overall Length	Overall Height	Overall Width	Seat Height	Seat Weight/Depth	Backrest height
870mm	930mm	570mm	490mm	450mm	410mm
Armrest (H*L)	Armrest Width	Backrest Tilt Angle	Castor (Ø x width)	Net Weight	Weight Capacity
220mm*440mm	50mm	7°	13 x 3 cm	13.3 kg	120 kg

# 6. CLEANING

## Re-use

The product can be re-used. It must be cleaned and disinfected according to instructions. It must be inspected by specialist shops for any faults and then authorised before it can be used again. Please order our hygiene and maintenance guidelines.

Please find below a maintenance table and hygiene plan for the regular care and maintenance of this device:

Maintenance Table	
When	
Before every re-use	
What	Caution
<b>Check general condition</b> Visually inspect all frame parts including welded joints for deformation, damage, wear or corrosion (in particular armrests, backrests, seat cushions, treads, footrests, toilet bucket with lid) and testing the mobility of the wheels.	If you find any defects, replace the affected parts of the device. Replacement of the lidded toilet bucket must be carried out upon each change of patient.
<b>Check the tyre tread and ball bearings</b>	If you find that the wheels are worn or cracked, they must be replaced.
<b>Check the connecting elements for tightness</b>	If you find that screws, nuts, rivets, etc. are loose or missing they must be tightened, fitted or replaced.

## Hygiene Plan

Before each re-use or before each patient change, the mobile commode is to be disinfected and cleaned.

## Disinfection/cleaning

1. Before preparing the mobile commode, put on protective gloves and if necessary, protective clothing (disposable apron).
2. ALWAYS disinfect first, then clean. Exception: Severe contamination MUST be removed before disinfection.
3. Wipe or spray the mobile commode with a disinfectant listed by the German Society for Hygiene and Microbiology (DGHM) or the German Association for Applied Hygiene (VAH) (taking care to follow the manufacturer's recommended contact time). Disinfection by wiping is generally preferable to spraying. After the contact time for the disinfectant has elapsed, dry the mobile commode off with a clean, dry cloth.
4. To clean, use water and a mild detergent. No water must be allowed to enter the tubes. DO NOT use caustic or bleaching cleaning agents.
5. After cleaning, dry the mobile commode off with a clean, dry cloth.

## 7. WARRANTY

The statutory provisions for warranty apply (24 months from the date of purchase). This warranty does not apply if the product defect can be traced back to improper treatment and/or disregard for the intended use as described in these instructions. Wearing parts are excluded from the warranty. Only original spare parts must be used.



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